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## the c-section epidemic

Posted by dailyherald - 2007/09/27 01:15

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Pre-term births are on the rise. Nearly one-third of women have major abdominal surgery to give birth. And compared with other industrialized countries, the United States ranks second-to-last in infant survival. For years, these numbers have suggested something is terribly amiss in delivery wards.

Read more...

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## Re: the c-section epidemic

Posted by ksaisjja - 2007/09/27 02:10

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"Though vaginal birth after caesarean is a low-risk event, hundreds of institutions have banned it, and many doctors will no longer attend it because of malpractice liability."

We had our first baby via C-section due to complications that would have caused both mother and child to die during labor. Consequently, our second child was also born this way due mostly to counsel from our doctor.

The official word we were given is that recent medical research has concluded that natural birth after a C-section birth has higher risks than were originally known. Our doctor would not see us for a natural birth after a C-section and we are not alone. One of my coworkers also had a C-section delivery with their first child. He was told that if they elected to have a natural birth, the procedure would not be covered by their insurance.

My wife and I decided a C-section with our second child was a reasonable course of action after discussing the risk factors involved. The risk factors of complication that caused us to have an emergency C-section with our first child were 1:100 for each factor and there were 4 factors if I remember correctly.

The risk factors involved with a natural birth after a C-section birth are 1:50 according to our doctor. This initially didn't sound like an acceptable risk to me especially after the trauma we went through with our first child.

I take issue with the numbers of infant birth mortality rates listed in this article. The article lists the national average only. This number varies greatly from affluent neighborhoods to poor neighborhoods. In areas where you have to wait 5 hours to be admitted to the emergency room unless you are delivered by ambulance I suspect will have a much greater infant birth mortality rate than areas that have better accessibility to emergency health care services.

I don't advocate frivolous use of C-section delivery, but I am very glad we have it as an option for emergencies.

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## Re: the c-section epidemic

Posted by Angie - 2007/09/27 04:42

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I've posted my story here several times so I won't bother again, but I'll just say this: C-sections are a blessing when they are absolutely necessary - they save lives.

However, a lot of the time they are "necessary" they aren't really necessary...meaning all other options were not exhausted before making that decision.

Be very careful if you are in the situation where your doc suggests a c-section. Ask if that's the only option or if there are other things to try first. Many c-sections, especially for breech births, could be avoided.

Not only is there a risk of infection, longer recovery time, etc., C-sections can seriously mess up future pregnancies and deliveries. You need to think about that seriously before opting for one.

Lots of women have had c's with no or few complications, but there is quite a high percentage who have had some really serious stuff that they wouldn't have otherwise. Just be careful.

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## Re: the c-section epidemic

Posted by Poindexter - 2007/09/27 06:31

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I think the problem lies in the fact that for an industrialized nation we have too many third world communities served by bad doctors with medical degrees awarded for being a particular race or gender instead of merit.

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## Re: the c-section epidemic

Posted by WaynesWorld - 2007/09/27 06:49

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Capitalism and pharmaceuticals/medical procedures.  
A Bad mix.

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## Re: the c-section epidemic

Posted by Commie\_Pinko - 2007/09/27 06:51

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Women need to get back to basics and have natural child births, no epidurals either.

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## Re: the c-section epidemic

Posted by PG-Reader - 2007/09/27 07:30

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Unless the baby comes out your nose, birth is always "natural."

Most other countries count live births very differently than the U.S. Socialized medicine looks better when you only count surviving babies as having been "born," or you discount any deaths for births before due dates. Few places outside the U.S. even attempt to help premature babies survive. All of this skews the data.

The article never tied any of the mortality rates to c-sections either and is typical for our superficial newsfare. I don't discount the seriousness of a c-section, it is major surgery.

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## Re: the c-section epidemic

Posted by DubyalSback! - 2007/09/27 08:44

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dailyherald wrote:

Obesity plays a part as well because obese women are more likely to have health problems that make a caesarean more likely, and more likely to suffer surgical complications. Still, it all comes back to the "C," which could easily stand for "culprit."

I've seen this all too often, a women get's married, figures she's got her man, packs on the pounds, chops the hair off, and starts havin babies. The extra pounds cause so many problems and this country is so fat and out of shape something needs to be done to educate these women before they have babies to stay in shape.

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## Re: the c-section epidemic

Posted by Commie\_Pinko - 2007/09/27 08:52

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Dubya, the Porter Rockwell of Herald Extra wrote:

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Sounds like you may be describing your own life there.

Remember that there is more to love with a fat wife :)

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## Re: the c-section epidemic

Posted by earljr - 2007/09/27 08:53

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Angie wrote:

I've posted my story here several times so I won't bother again, but I'll just say this: C-sections are a blessing when they are absolutely necessary - they save lives.

However, a lot of the time they are "necessary" they aren't really necessary...meaning all other options were not exhausted before making that decision.

Be very careful if you are in the situation where your doc suggests a c-section. Ask if that's the only option or if there are other things to try first. Many c-sections, especially for breech births, could be avoided.

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Lots of women have had c's with no or few complications, but there is quite a high percentage who have had some really serious stuff that they wouldn't have otherwise. Just be careful.

I hear a lot of stories about "the baby would have died if we weren't in the hospital." In most of these cases, I find after getting more details, that the baby only got into trouble in the first place because of all the intervention at the hospital. We had our last couple at home for this very reason. A lady in my neighborhood who was a neonatal nurse was appalled to hear we were having a baby at home. She later had a baby of her own. They had it induced to accommodate the doctor's vacation schedule. It turned out they had greatly underestimated the term. The baby was premature. After weeks and tens of thousands of dollars in hospital bills, they were able to bring the baby home. Good thing they had that baby in a modern hospital or it would have died!

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## Re: the c-section epidemic

Posted by KitKat - 2007/09/27 09:08

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earljr wrote:

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I've had a home birth (unplanned) where everything went extremely well. And I've had a hospital birth where the baby was already having problems from the beginning. Without a hospital birth, that baby would have died, no doubt about it. I almost had to have a c-section for this one, because the baby's heart rate was dropping too much. But fortunately, I didn't. You can't always say one way is better than the other.

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## Re: the c-section epidemic

Posted by Jaye - 2007/09/27 09:12

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Inspire Me wrote:

Women need to get back to basics and have natural child births, no epidurals either.

What's YOUR gender...TROLL?

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## Re: the c-section epidemic

Posted by sansbox - 2007/09/27 09:23

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I find it interesting that the author didn't address the rising cost of malpractice insurance as a contributor to the rising percentage of c-section births. While much more invasive and risky to the mother, apparently the odds of fetal distress or death are greatly reduced with a c-section, which then reduces the likelihood of a million dollar plus lawsuit. I seem to recall reading that OB/GYNs were leaving their practices because of the high cost of malpractice insurance.

My wife has never had an epidural or any form of medication during delivery. She was unhappy with required hospital procedures and we progressed from hospitals to independent birth centers and finally to home birth (mid-wife assisted), which is really an interesting experience. A good plan for every woman? Of course not...just as routine c-sections aren't.

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## Re: the c-section epidemic

Posted by Marylb - 2007/09/27 09:27

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dailyherald wrote:

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This could all be changed if men had the babies. As you can read here, many men would refuse even aspirins as they deliver an elephant through the eye of a needle. That is the problem folks, women are just not as brave as men.

Oh wait: Doesn't the world stop when daddy gets the sniffles? Back to the drawing board.

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## Re: the c-section epidemic

Posted by Commie\_Pinko - 2007/09/27 09:31

Jaye wrote:

Inspire Me wrote:

Women need to get back to basics and have natural child births, no epidurals either.

What's YOUR gender...TROLL?

Sorry, you're not my type.

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## Re: the c-section epidemic

Posted by Marylb - 2007/09/27 09:35

Inspire Me wrote:

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You pass a watermelon through your nose and I'll listen to you.

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## Re: the c-section epidemic

Posted by Commie\_Pinko - 2007/09/27 09:46

Norcal wrote:

Inspire Me wrote:

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Oh puhleeze, the ratio is not even the same as passing a baby. Besides that pain brings a greater sense of accomplishment and a deeper respect for life. Science has made it too easy to poop out a kid so maybe if we get back to basics people will treat their kids better.

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## Re: the c-section epidemic

Posted by Marylb - 2007/09/27 09:56

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Glad you informed me of this. What would women do without being informed by men of that aspect. And here I was thinking no two watermelons are alike and that men would be like women and choose natural birth first, complications willing. Not the case I see. Babies are different. My bad.

I think I'll add this serious note:

Women do want natural childbirth but having a baby is not a one size fits all. Thankfully it is not like in the past where science had no answers for the stillbirth and the death rate of moms giving birth. Today if there are complications there are answers. If any procedure is abused by the medical field then that must be changed but no one person or gender can dictate just how much pain or suffering is too little pain or suffering to relieve. I suspect what women do not need is to go back to the days of unbelievable high mortality rates and gross suffering from exceptions. Women choose natural birth...CHOOSE. That is pretty amazing in terms of the pain. Give them a break.

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 10:03

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Norcal wrote:

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## Re: the c-section epidemic

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I'm glad you understand that a baby is not a watermelon. Especially one of those Green River melons which can get huge but are really tasty...

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## Re: the c-section epidemic

Posted by Marylb - 2007/09/27 10:09

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Reverend Bob wrote:

Norcal wrote:

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I do understand at least that much. lol

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## Re: the c-section epidemic

Posted by Marylb - 2007/09/27 10:13

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PerfectxViolation wrote:

Norcal wrote:

Reverend Bob wrote:

Norcal wrote:

Inspire Me wrote:

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My daughter was 9 lbs 13 oz and 19 inches long. I did have an epidural, but not until the 15th hour of labor, when I could not stand the pain anymore. I'm sure that this ...person...could have done it with no problems. :) :) :)

Ouch. It hurts thinking about it. I had a friend who had a 13 pound baby. Can you even imagine that? lol I'd demand morphine or a forced medical coma if it were me. lol

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## Re: the c-section epidemic

Posted by Betz - 2007/09/27 10:14

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Reverend Bob wrote:

Women need to get back to basics and have natural child births, no epidurals either.

May the Lord bless you with a pea-sized kidney stone. Amen.

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 10:15

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Betz wrote:

Reverend Bob wrote:

Women need to get back to basics and have natural child births, no epidurals either.

May the Lord bless you with a pea-sized kidney stone. Amen.

LOL!!! Indeed :)

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### Re: the c-section epidemic

Posted by Marylb - 2007/09/27 10:15

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Betz wrote:

Reverend Bob wrote:

Women need to get back to basics and have natural child births, no epidurals either.

May the Lord bless you with a pea-sized kidney stone. Amen.

ROFL!!!!

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### Re: the c-section epidemic

Posted by Commie\_Pinko - 2007/09/27 10:19

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Betz wrote:

Reverend Bob wrote:

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Nah that's too small, I like the grape sized ones better.

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### Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 10:19

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Reverend Bob wrote:

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My wife does it this way (natural). The nurses were always impressed saying that they could never do it. It is all your head whether or not you can or cannot.

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## Re: the c-section epidemic

Posted by Betz - 2007/09/27 10:32

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And your degree in Psychology is from where? ;D

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## Re: the c-section epidemic

Posted by Betz - 2007/09/27 10:33

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Reverend Bob wrote:

Betz wrote:

Reverend Bob wrote:

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Then it truly would be a blessing to have a pea-sized one! ;)

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 10:38

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Reverend Bob wrote:

Women need to get back to basics and have natural child births, no epidurals either.

>:( Are you a man? Do you wish to remain a man? I would definitely recommend making a comment like that behind a monitor ONLY.

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## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 10:38

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Betz wrote:

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I just really think that if you wanted to you could. There are times when it should be used. Such as the 13 pound baby that was mentioned or when a C-Section is unavoidable, but I also think it is used too much in some cases where it would be better to do it natural.

I hear the recover time is less when you do it natural and much longer when you use "pain killers" - thoughts?

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### Re: the c-section epidemic

Posted by anonymous - 2007/09/27 10:40

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Reverend Bob wrote:

Norcal wrote:

Inspire Me wrote:

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Besides that pain brings a greater sense of accomplishment and a deeper respect for life.

Have you had a baby? Do you know what it feels like? If not, you can take your "advice" and shove it where the sun don't shine.

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### Re: the c-section epidemic

Posted by KitKat - 2007/09/27 10:42

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Reverend Bob wrote:

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And how do you propose we get men to treat the kids better?

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## Re: the c-section epidemic

Posted by Marylb - 2007/09/27 10:44

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Easy answer: Watermelon through the nose. ;)

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 10:46

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dinko1x wrote:

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Yet again, another ignorant perspective from a someone who is not capable of having a baby. You'll never experience the pain of labor and delivery. You have no idea what it feels like either, so don't make yourself look stupid by making ignorant statements when you know nothing about it. Men should not even be allowed to have opinions on childbirth.

You don't see me telling you that your premature ejaculation or erectile dysfunction is all in your head, do you?

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## Re: the c-section epidemic

Posted by KitKat - 2007/09/27 10:47

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Oh yes. That's right! I hope it's a small watermelon, though, for their sake since most men are such sissies when it comes to pain.

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## Re: the c-section epidemic

Posted by Marylb - 2007/09/27 10:51

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Yep. I'll tell you there is nothing more painful than a husband with an ingrown toenail! If they have the flu - fuget about it! Such agony, such pain, such suffering! Wait a minute now! Why do we love them so much? Can't live with them, and can't live without them.

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I hear the recover time is less when you do it natural and much longer when you use "pain killers" - thoughts?

My own experience . . . first child with epidural, almost 9 lbs, home within 24 hours, Second, twins (around 6 lbs each), no epidural (not by choice, but by the fact that there wasn't time between getting to the hospital & giving birth), 3 days in the hospital, blood transfusions (nothing to do with epidural). Didn't take any narcotic pain relievers after either of the births . . . didn't need them and my ex-husband would have just swiped them anyway. Couldn't pay me enough to do it natural if I had to do it again.

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 10:55

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My thoughts are, you're an idiot.

Pain killers have nothing to do with recovery time. There is a longer recovery time for C-sections versus natural. But, having an epidural or other pain killers does not make the recovery time any longer.

An epidural, for me, makes the childbirth experience so much more enjoyable. Instead of screaming, yelling, and cursing in pain, which can be very stressful to the baby since they CAN hear, I was able to relax and enjoy the experience.

I tried to avoid using any medication during my first delivery. I went unconscious twice because of the pain I was experiencing from the contractions. I'm not much good if I'm not conscious! The doctor ended up giving me the epidural.

For any woman out there who is pregnant, ignore these idiot men. Do whatever it is that YOU want to do. No one knows or can say what is best for you and your experience of childbirth.

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## Re: the c-section epidemic

Posted by KitKat - 2007/09/27 10:56

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I know! My husband gets a little headache, and life comes to a screeching halt. When I have a migraine, he wonders why I'm not fixing breakfast.

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 10:57

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Betz wrote:

dinko1x wrote:

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dinko1x wrote:

Reverend Bob wrote:

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My wife does it this way (natural). The nurses were always impressed saying that they could never do it. It is all your head whether or not you can or cannot.

And your degree in Psychology is from where? ;D

I just really think that if you wanted to you could. There are times when it should be used. Such as the 13 pound baby that was mentioned or when a C-Section is unavoidable, but I also think it is used too much in some cases where it would be better to do it natural.

I hear the recover time is less when you do it natural and much longer when you use "pain killers" - thoughts?

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I thought Ibuprofen 800 did a much better job for the recovery pain than the narcotics did.

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## Re: the c-section epidemic

Posted by Betz - 2007/09/27 10:59

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sug3388 wrote:

Betz wrote:

dinko1x wrote:

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dinko1x wrote:

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Most definately!

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 10:59

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## Re: the c-section epidemic

Posted by Marylb - 2007/09/27 11:00

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KitKat wrote:

Norcal wrote:

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Reverend Bob wrote:

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And how do you propose we get men to treat the kids better?

Easy answer: Watermelon through the nose. ;)

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## Re: the c-section epidemic

Posted by Betz - 2007/09/27 11:05

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PerfectxViolation wrote:

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## Re: the c-section epidemic

Posted by Marylb - 2007/09/27 11:07

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PerfectxViolation wrote:

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## Re: the c-section epidemic

Posted by KitKat - 2007/09/27 11:07

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Norcal wrote:

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Reverend Bob wrote:

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Inspire Me wrote:

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I know! My husband gets a little headache, and life comes to a screeching halt. When I have a migraine, he wonders why I'm not fixing breakfast.

That's because Migraines are all in your head. ;)

Well, duh! I should have known! (I shouldn't be talking about Migraines. I have not had one for quite some time now and I don't want to upset the Migraine goddess.)

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## Re: the c-section epidemic

Posted by shutup - 2007/09/27 11:09

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KitKat wrote:

Norcal wrote:

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Norcal wrote:

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Reverend Bob wrote:

Norcal wrote:

Inspire Me wrote:

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I know! My husband gets a little headache, and life comes to a screeching halt. When I have a migraine, he wonders why I'm not fixing breakfast.

It's an amusing stereotype, but I had a surgery last year that would rival the worst child birth unless you've had 25 kids in as many days, because for about 4 months the pain was, most of the time, excruciating, and that's AFTER doping up. Of course, during the surgery itself, I felt nothing because I was in la-la land.

I admire women for going through childbirth (though my wife said, because of the epidural, it was a walk in the park), but it is possible for men to experience a great deal of pain too.

I am, in no way, proposing going "back to the basics" btw. My wife would bring a shotgun to her next delivery if she knew there were to be no epidural. (the shotgun is to force the anesthesiologist to administer the epidural)

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## Re: the c-section epidemic

Posted by Betz - 2007/09/27 11:14

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I am, in no way, proposing going "back to the basics" btw. My wife would bring a shotgun to her next delivery if she knew

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there were to be no epidural. (the shotgun is to force the anesthesiologist to administer the epidural)

I like your wife's attitude! ;D

I am not trying to say that a man can't feel excruciating pain, I just take exception to anyone (male or female) telling me that the pain is in my head. :)

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## Re: the c-section epidemic

Posted by shutup - 2007/09/27 11:15

Betz wrote:

PerfectxViolation wrote:

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They are so free and easy with offering narcotics, that it is very frightening. I hate the way narcotics make me feel, so I refuse to take them. Every doctor I've ever told to leave it at 800 mg ibuprofen looks at me like I've got lobsters coming out of my ears. Then they bitch when a patient comes in specifically to get another narcotic prescription. Amazing.

Even the 800's make me feel strange. Not like Loritab, but woozy nonetheless.

I think saying that every c-section requires more recovery time than any vaginal birth is incorrect. Each childbirth is different. It depends on the mother. On average, I would say that it is a true statement, however. Probably no c-section mothers out milking cows an hour after birth.

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 11:20

Norcal wrote:

PerfectxViolation wrote:

Betz wrote:

dinko1x wrote:

Betz wrote:

dinko1x wrote:

Reverend Bob wrote:

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And your degree in Psychology is from where? ;D

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With my daughter being such a large baby, it was a very rough delivery. I lost a lot of blood...no surgery though. The doctor offering me access to pretty much any drug I wanted only worried me because I have known more than a few pill poppers in my time. I would hate to think that if any of them just had a child, they would have access to more drugs. If there were a surgery, sure, offer something, but I don't believe \*most\* mothers would want it. It just surprised me, thats all :)

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## Re: the c-section epidemic

Posted by Marylb - 2007/09/27 11:22

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KitKat wrote:

Norcal wrote:

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Reverend Bob wrote:

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That's because Migraines are all in your head. ;)

Well, duh! I should have known! (I shouldn't be talking about Migraines. I have not had one for quite some time now and I don't want to upset the Migraine goddess.)

Good to hear that they are easing up and I agree not to upset that Migraine Goddess! I have to leave for a bit. My day is fairly busy this afternoon as I have to do a little yard work (move some boulders with my back,) build a new wing on the house, grocery shop, put on makeup and then have a baby. I'll be back in a few hours when I'm done. ;)

Have a wonderful day!

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 11:22

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## Re: the c-section epidemic

Posted by shutup - 2007/09/27 11:22

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Betz wrote:

the pain is in my head. :)

Pfft! That's ridiculous. Pain expresses itself through facial expressions so you can literally "see" the pain someone is going through.

If I witnessed some birth and the woman just sat there all "la-dee-daa" and didn't even realize the baby was born, then latter say it was the most painful thing in the world, I would think it was in her head. But usually a woman is moaning, squirming and writhing and contorting her facial muscles in such a way she starts to pop blood vessels in her head.

I've been constipated before, and I imagine child birth is 100 times that discomfort!

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## Re: the c-section epidemic

Posted by KitKat - 2007/09/27 11:25

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Norcal wrote:

KitKat wrote:

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KitKat wrote:

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Have a wonderful day!

LOL.. Sounds like you having the wonderful day!

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## Re: the c-section epidemic

Posted by KitKat - 2007/09/27 11:27

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LOL.. I did have one baby while I was going "la-dee-daa". I didn't remember any pain afterwards either. Piece of cake!! This is the kid I had at home, unplanned.

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 11:28

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JB, the Peter Petrelli to Dubya's Sylar. wrote:

PerfectxViolation wrote:

Norcal wrote:

PerfectxViolation wrote:

Betz wrote:

dinko1x wrote:

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dinko1x wrote:

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I think my wife only took some ibuprofen for a couple of days following delivery to help with the swelling.

Ibuprofen is a wonderful thing. It is sad that I can't take it right now (or anything besides tylenol, which is killing me because I'm managed to catch a pretty bad cold. My boss is considering letting me go home at lunch) That is totally fine. Well, there is the breastfeeding issue, but I don't know if it is in fact an issue. But the narcotics...I don't know. It seemed a little incompetent of the doctor to offer a breastfeeding mother vicadin...JMO..

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## Re: the c-section epidemic

Posted by Jaye - 2007/09/27 11:33

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Reverend Bob wrote:

Jaye wrote:

Inspire Me wrote:

Women need to get back to basics and have natural child births, no epidurals either.

What's YOUR gender...TROLL?

Sorry, you're not my type.

Well hooray for me...but that's not why I was asking.

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## Re: the c-section epidemic

Posted by Commie\_Pinko - 2007/09/27 11:35

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sug3388 wrote:

Reverend Bob wrote:

Women need to get back to basics and have natural child births, no epidurals either.

>:( Are you a man? Do you wish to remain a man? I would definitely recommend making a comment like that behind a

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monitor ONLY.

Pain builds character...

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## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 11:37

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sug3388 wrote:

dinko1x wrote:

Reverend Bob wrote:

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My wife does it this way (natural). The nurses were always impressed saying that they could never do it. It is all your head whether or not you can or cannot.

Yet again, another ignorant perspective from a someone who is not capable of having a baby. You'll never experience the pain of labor and delivery. You have no idea what it feels like either, so don't make yourself look stupid by making ignorant statements when you know nothing about it. Men should not even be allowed to have opinions on childbirth.

You don't see me telling you that your premature ejaculation or erectile dysfunction is all in your head, do you?

You seem fired up - I have to really constrain myself to not respond with vulgar words.

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## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 11:39

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sug3388 wrote:

dinko1x wrote:

Betz wrote:

dinko1x wrote:

Reverend Bob wrote:

Women need to get back to basics and have natural child births, no epidurals either.

My wife does it this way (natural). The nurses were always impressed saying that they could never do it. It is all your head whether or not you can or cannot.

And your degree in Psychology is from where? ;D

I just really think that if you wanted to you could. There are times when it should be used. Such as the 13 pound baby that was mentioned or when a C-Section is unavoidable, but I also think it is used too much in some cases where it would be better to do it natural.

I hear the recover time is less when you do it natural and much longer when you use "pain killers" - thoughts?

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My thoughts are, you're an idiot.

Pain killers have nothing to do with recovery time. There is a longer recovery time for C-sections versus natural. But, having an epidural or other pain killers does not make the recovery time any longer.

An epidural, for me, makes the childbirth experience so much more enjoyable. Instead of screaming, yelling, and cursing in pain, which can be very stressful to the baby since they CAN hear, I was able to relax and enjoy the experience.

I tried to avoid using any medication during my first delivery. I went unconscious twice because of the pain I was experiencing from the contractions. I'm not much good if I'm not conscious! The doctor ended up giving me the epidural.

For any woman out there who is pregnant, ignore these idiot men. Do whatever it is that YOU want to do. No one knows or can say what is best for you and your experience of childbirth.

Hold off on the name calling - I am.

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## Re: the c-section epidemic

Posted by Jaye - 2007/09/27 11:41

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dinko1x wrote:

Reverend Bob wrote:

Women need to get back to basics and have natural child births, no epidurals either.

My wife does it this way (natural). The nurses were always impressed saying that they could never do it. It is all your head whether or not you can or cannot.

Perhaps with some women this is so. But not with every woman. For some, my wife included...it is all in her anatomy. She was not aware that her pelvis was tilted until she was giving birth to our first child.

She had listened to the unsolicited advice of one of her brother's wives, and decided to opt for natural childbirth. She ended up flat-lining.

I almost lost her. I was considering whether to have a vasectomy, and she was adamant that she wanted as many children as she could have. So we planned a few years between each one, and she utilized the epidural method.

And with our last child, she required a C-section because the baby's head was simply too large for normal vaginal delivery.

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## Re: the c-section epidemic

Posted by Jaye - 2007/09/27 11:43

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Norcal wrote:

KitKat wrote:

Reverend Bob wrote:

Norcal wrote:

Inspire Me wrote:

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Women need to get back to basics and have natural child births, no epidurals either.

You pass a watermelon through your nose and I'll listen to you.

Oh puhleeze, the ratio is not even the same as passing a baby. Besides that pain brings a greater sense of accomplishment and a deeper respect for life. Science has made it too easy to poop out a kid so maybe if we get back to basics people will treat their kids better.

And how do you propose we get men to treat the kids better?

Easy answer: Watermelon through the nose. ;)

How about a proportionately sized bowel movement through the anus?

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## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 11:46

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Jaye wrote:

dinko1x wrote:

Reverend Bob wrote:

Women need to get back to basics and have natural child births, no epidurals either.

My wife does it this way (natural). The nurses were always impressed saying that they could never do it. It is all your head whether or not you can or cannot.

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And with our last child, she required a C-section because the baby's head was simply too large for normal vaginal delivery.

Like I said in a later post - there are times when it is good to get one.

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## Re: the c-section epidemic

Posted by Jaye - 2007/09/27 11:49

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dinko1x wrote:

Jaye wrote:

dinko1x wrote:

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Reverend Bob wrote:

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And with our last child, she required a C-section because the baby's head was simply too large for normal vaginal delivery.

Like I said in a later post - there are times when it is good to get one.

I was not responding to what you said in a later post. I was responding to your statement about it being all in a woman's head whether they can or cannot.

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 11:52

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Jaye wrote:

dinko1x wrote:

Jaye wrote:

dinko1x wrote:

Reverend Bob wrote:

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Like I said in a later post - there are times when it is good to get one.

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I was not responding to what you said in a later post. I was responding to your statement about it being all in a woman's head whether they can or cannot.

I think it was that statement that angered the womenfolk....

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## Re: the c-section epidemic

Posted by Jaye - 2007/09/27 11:57

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PerfectxViolation wrote:

Jaye wrote:

dinko1x wrote:

Jaye wrote:

dinko1x wrote:

Reverend Bob wrote:

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And with our last child, she required a C-section because the baby's head was simply too large for normal vaginal delivery.

Like I said in a later post - there are times when it is good to get one.

I was not responding to what you said in a later post. I was responding to your statement about it being all in a woman's head whether they can or cannot.

I think it was that statement that angered the womenfolk....

I concur. It didn't set well with me either. Because I know the Wolf. I know that her threshold for pain is phenomenally high. And I remember the pain that I saw and heard her enduring before she flat-lined.

I almost lost her. And that was a pain I could NEVER endure.

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## Re: the c-section epidemic

Jaye wrote:

dinko1x wrote:

Jaye wrote:

dinko1x wrote:

Reverend Bob wrote:

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Like I said in a later post - there are times when it is good to get one.

I was not responding to what you said in a later post. I was responding to your statement about it being all in a woman's head whether they can or cannot.

And I said in a later post that there are times when it is good to get one even necessary for the well being of the both people involved (mother and child).

=====

## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 12:00

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PerfectxViolation wrote:

Jaye wrote:

dinko1x wrote:

Jaye wrote:

dinko1x wrote:

Reverend Bob wrote:

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=====

## Re: the c-section epidemic

Posted by Jaye - 2007/09/27 12:02

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dinko1x wrote:

Jaye wrote:

dinko1x wrote:

Jaye wrote:

dinko1x wrote:

Reverend Bob wrote:

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And I said in a later post that there are times when it is good to get one even necessary for the well being of the both people involved (mother and child).

Well...WHEEE-DOGGIE...I completely forgot to switch on my E.S.P. AGAIN this morning.

Jaye slaps himself upside the head.

Too bad I'm not like Nicky Cage's character in the movie 'Next'...eh?

=====

## Re: the c-section epidemic

Posted by Jaye - 2007/09/27 12:04

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dinko1x wrote:

PerfectxViolation wrote:

Jaye wrote:

dinko1x wrote:

Jaye wrote:

dinko1x wrote:

Reverend Bob wrote:

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I was not responding to what you said in a later post. I was responding to your statement about it being all in a woman's head whether they can or cannot.

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I think it was that statement that angered the womenfolk...

I was not trying to "anger" anyone just making a comment. Obviously, everyone here is taken it in a way I did not intend.

Evidently there is a lesson for you here.

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## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 12:05

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Jaye wrote:

dinko1x wrote:

Jaye wrote:

dinko1x wrote:

Jaye wrote:

dinko1x wrote:

Reverend Bob wrote:

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Well...WHEEE-DOGGIE...I completely forgot to switch on my E.S.P. AGAIN this morning.

Jaye slaps himself upside the head.

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Too bad I'm not like Nicky Cage's character in the movie 'Next'...eh?

Geez everyone out for blood today?

=====

## Re: the c-section epidemic

Posted by shutup - 2007/09/27 12:05

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dinko1x wrote:

PerfectxViolation wrote:

Jaye wrote:

dinko1x wrote:

Jaye wrote:

dinko1x wrote:

Reverend Bob wrote:

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I was not responding to what you said in a later post. I was responding to your statement about it being all in a woman's head whether they can or cannot.

I think it was that statement that angered the womenfolk....

I was not trying to "anger" anyone just making a comment. Obviously, everyone here is taken it in a way I did not intend.

I guess everyone has a different interpretation of what "natural" meant. But "no epidurals" speaks for itself.

I don't think an epidural has anything to do with "natural" childbirth.

I doubt anyone would be interested in a "natural" root canal.

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## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 12:06

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Jaye wrote:

dinko1x wrote:

PerfectxViolation wrote:

Jaye wrote:

dinko1x wrote:

Jaye wrote:

dinko1x wrote:

Reverend Bob wrote:

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I think it was that statement that angered the womenfolk....

I was not trying to "anger" anyone just making a comment. Obviously, everyone here is taken it in a way I did not intend.

Evidently there is a lesson for you here.

Since, you are so damn smart - enlighten me!!!

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## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 12:07

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shutup wrote:

dinko1x wrote:

PerfectxViolation wrote:

Jaye wrote:

dinko1x wrote:

Jaye wrote:

dinko1x wrote:

Reverend Bob wrote:

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I think it was that statement that angered the womenfolk....

I was not trying to "anger" anyone just making a comment. Obviously, everyone here is taken it in a way I did not intend.

I guess everyone has a different interpretation of what "natural" meant.

Yep

---

## Re: the c-section epidemic

Posted by Betz - 2007/09/27 12:18

dinko1x wrote:

I was not trying to "anger" anyone just making a comment. Obviously, everyone here is taken it in a way I did not intend.

---

Not to beat a dead horse, but what do you expect when you make a generalized statement about something that you've never physically experienced and then attribute it to mental capabilities? :)

dinko1x wrote:

It is all your head whether or not you can or cannot.

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=====

## Re: the c-section epidemic

Posted by .Jaye - 2007/09/27 12:21

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Betz wrote:

dinko1x wrote:

I was not trying to "anger" anyone just making a comment. Obviously, everyone here is taken it in a way I did not intend.

Not to beat a dead horse, but what do you expect when you make a generalized statement about something that you've never physically experienced and then attribute it to mental capabilities? :)

dinko1x wrote:

It is all your head whether or not you can or cannot.

Thankyou Betz...you have answered the Dink's question for me regarding enlightenment on my comment perfectly...as usual. ;)

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=====

## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 12:22

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If you weren't trying to "anger" anyone, you failed miserably. Saying that its "all in our head" was a stupid thing to say.

First of all, you're not a woman, so you can't possibly have any idea what childbirth feels like.

Second, every woman is different. The experiences during childbirth are not the same for every woman.

And last, when it comes to the pain experienced during childbirth and what women should and shouldn't do, it would be best for a man to be supportive of their partner and HER decisions, while leaving their own opinions out of it.

Until you experience childbirth first-hand, none of your close-minded opinions will matter.

---

=====

## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 12:25

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sug3388 wrote:

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It may be stupid to you, but it was not to me.

I am not a women - you are correct.

Why am I close minded? I support my wifes decision to do it natural...

=====

## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 12:26

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Betz wrote:

dinko1x wrote:

I was not trying to "anger" anyone just making a comment. Obviously, everyone here is taken it in a way I did not intend.

Not to beat a dead horse, but what do you expect when you make a generalized statement about something that you've never physically experienced and then attribute it to mental capabilities? :)

dinko1x wrote:

It is all your head whether or not you can or cannot.

I guess I expected something different from what has been said on this forum. What that is I don't know at this moment.

=====

## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 12:35

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What do you mean when you say "natural"? Natural usually means vaginal. Do you mean you support her decision to give birth without the use of medication?

Would you still show 100% support if she chose to get an epidural? Or is your support conditional?

And yes, it IS stupid for a man to make the statement that its all in the womans head. You don't know that for a fact. The pain is too much for some women, which is why there have been women who have gone unconscious during labor and delivery. You don't know anything about having a baby, that is another fact.

You're about as ignorant as they get on this issue.

=====

## Re: the c-section epidemic

Posted by Jaye - 2007/09/27 12:35

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dinko1x wrote:

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sug3388 wrote:

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Your wife's decision is just that...her PERSONAL decision. It is good that you support her decision on this matter.

But it was a bit over the top for you to say that women can, or cannot do it naturally...because it is all in their heads.

=====

## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 12:47

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sug3388 wrote:

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You're about as ignorant as they get on this issue.

All your opinion :)

=====

## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 12:49

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It was completely over-the-top for him to say that.

Childbirth is an exciting time for both parents. It is a time when a husband can be there to show love and support to his wife during one of the most vulnerable, scary, and exciting times of her life. But, the decisions of whether or not the use of medication to ease the pain is needed is simply a decision that belongs only to the woman. Its her body.

I'm not saying a woman should get an epidural. I'm not claiming there's a right or wrong way to give birth either. Some people choose to have their baby at the hospital. Some prefer home births. Some even choose water births. It's not how or where the woman delivers the baby that matters. The important thing is that the woman is able to choose (if possible) how she will experience her baby's birth.

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## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 12:50

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Jaye wrote:

dinko1x wrote:

sug3388 wrote:

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But it was a bit over the top for you to say that women can, or cannot do it naturally...because it is all in their heads.

I did not think so, but I guess that's where the problem is.

=====

## Re: the c-section epidemic

Posted by shutup - 2007/09/27 12:50

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dinko1x wrote:

sug3388 wrote:

What do you mean when you say "natural"? Natural usually means vaginal. Do you mean you support her decision to give birth without the use of medication?

Would you still show 100% support if she chose to get an epidural? Or is your support conditional?

And yes, it IS stupid for a man to make the statement that its all in the womans head. You don't know that for a fact. The pain is too much for some women, which is why there have been women who have gone unconscious during labor and delivery. You don't know anything about having a baby, that is another fact.

You're about as ignorant as they get on this issue.

All your opinion :)

Alright. Let's just calm down everybody. Our differing views have been expressed. Let's just leave it at that.

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## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 12:52

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sug3388 wrote:

Childbirth is an exciting time for both parents. It is a time when a husband can be there to show love and support to his wife during one of the most vulnerable, scary, and exciting times of her life. But, the decisions of whether or not the use of medication to ease the pain is needed is simply a decision that belongs only to the woman. Its her body.

I'm not saying a woman should get an epidural. I'm not claiming there's a right or wrong way to give birth either. Some people choose to have their baby at the hospital. Some prefer home births. Some even choose water births. It's not how or where the woman delivers the baby that matters. The important thing is that the woman is able to choose (if possible) how she will experience her baby's birth.

I can agree with this statement.

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## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 12:53

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shutup wrote:

dinko1x wrote:

sug3388 wrote:

What do you mean when you say "natural"? Natural usually means vaginal. Do you mean you support her decision to give birth without the use of medication?

Would you still show 100% support if she chose to get an epidural? Or is your support conditional?

And yes, it IS stupid for a man to make the statement that its all in the womans head. You don't know that for a fact. The pain is too much for some women, which is why there have been women who have gone unconscious during labor and delivery. You don't know anything about having a baby, that is another fact.

You're about as ignorant as they get on this issue.

All your opinion :)

Alright. Let's just calm down everybody. Our differing views have been expressed. Let's just leave it at that.

Agreed.

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 12:53

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If you want to keep throwing the "your opinion" statement in my face, that's fine. I think you're confusing opinion with fact. It's obvious you have nothing left to say in your defense.

One thing is for sure, you've never had a baby and you never will. You don't know if it's in every woman's head or not.

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That's not an opinion, it's a fact.

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## Re: the c-section epidemic

Posted by dinko1x - 2007/09/27 13:01

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sug3388 wrote:

If you want to keep throwing the "your opinion" statement in my face, that's fine. I think you're confusing opinion with fact. It's obvious you have nothing left to say in your defense.

One thing is for sure, you've never had a baby and you never will. You don't know if it's in every woman's head or not. That's not an opinion, it's a fact.

I would support my wife with whatever decision she made herself. I would never force something on her that she did not want. That's fact.

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 13:04

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sug3388 wrote:

If you want to keep throwing the "your opinion" statement in my face, that's fine. I think you're confusing opinion with fact. It's obvious you have nothing left to say in your defense.

One thing is for sure, you've never had a baby and you never will. You don't know if it's in every woman's head or not. That's not an opinion, it's a fact.

If a guy wants to know what it's like to give birth, try passing a kidney stone the size if a pea.

Or so I've been told.

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## Re: the c-section epidemic

Posted by Commie\_Pinko - 2007/09/27 13:08

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Did someone say pain?

If you have ever broken or bruised your tail bone then that is pain.

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## Re: the c-section epidemic

Posted by KitKat - 2007/09/27 13:17

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Reverend Bob wrote:

Did someone say pain?

If you have ever broken or bruised your tail bone then that is pain.

Yes, I have, and yes, it is. But it still does not compare to the pain some women experience in childbirth. I know because I've experienced that too.

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Since you have not experienced childbirth, you can't compare the two, so don't even try.

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## Re: the c-section epidemic

Posted by anonymous - 2007/09/27 13:19

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Have you ever gotten a papercut? Now THAT hurts. It has to be worse than childbirth.

No, I'm pretty sure it is worse than child birth.

Wanna know what hurts worse than a papercut? Getting bite by a shark.

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## Re: the c-section epidemic

Posted by Marylb - 2007/09/27 13:32

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This story is for all the moms here only because I think they'll relate. I was with a group of friends and we were all comparing how many stitches we had. One friend who had a fairly large baby said "I didn't have any stitches!" proudly. My other friend turned to me and said "Wow, what would we do if we were lucky enough to have no stitches?" I answered "I'd lie."

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## Re: the c-section epidemic

Posted by Commie\_Pinko - 2007/09/27 13:57

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KitKat wrote:

Reverend Bob wrote:

Did someone say pain?

If you have ever broken or bruised your tail bone then that is pain.

Yes, I have, and yes, it is. But it still does not compare to the pain some women experience in childbirth. I know because I've experienced that too.

Since you have not experienced childbirth, you can't compare the two, so don't even try.

Have you ever had your arm ripped off by a thresher?

Since you have not experienced an arm ripping, you can't compare the two, so don't even try.

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## Re: the c-section epidemic

Posted by Angie - 2007/09/27 14:02

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Norcal wrote:

This story is for all the moms here only because I think they'll relate. I was with a group of friends and we were all comparing how many stitches we had. One friend who had a fairly large baby said "I didn't have any stitches!" proudly. My other friend turned to me and said "Wow, what would we do if we were lucky enough to have no stitches?" I answered "I'd lie."

lol :D

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## Re: the c-section epidemic

Posted by KitKat - 2007/09/27 14:14

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Reverend Bob wrote:

KitKat wrote:

Reverend Bob wrote:

Did someone say pain?

If you have ever broken or bruised your tail bone then that is pain.

Yes, I have, and yes, it is. But it still does not compare to the pain some women experience in childbirth. I know because I've experienced that too.

Since you have not experienced childbirth, you can't compare the two, so don't even try.

Have you ever had your arm ripped off by a thresher?

Since you have not experienced an arm ripping, you can't compare the two, so don't even try.

I'm comparing two things I HAVE experienced. You haven't had an arm ripped off in a thresher either, so why bring that up?

You have not experienced childbirth either, so how can you compare it to anything at all?

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## Re: the c-section epidemic

Posted by Commie\_Pinko - 2007/09/27 14:30

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KitKat wrote:

Reverend Bob wrote:

KitKat wrote:

Reverend Bob wrote:

Did someone say pain?

If you have ever broken or bruised your tail bone then that is pain.

Yes, I have, and yes, it is. But it still does not compare to the pain some women experience in childbirth. I know because I've experienced that too.

Since you have not experienced childbirth, you can't compare the two, so don't even try.

Have you ever had your arm ripped off by a thresher?

Since you have not experienced an arm ripping, you can't compare the two, so don't even try.

I'm comparing two things I HAVE experienced. You haven't had an arm ripped off in a thresher either, so why bring that up?

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You have not experienced childbirth either, so how can you compare it to anything at all?

The point is there are things alot more painful than child birth.

And yes I can imagine that getting your arm ripped off is more painful and yes different people are able to take more pain than others in part because they have conditioned their minds on how to do it through meditation.

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## Re: the c-section epidemic

Posted by KitKat - 2007/09/27 14:36

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Reverend Bob wrote:

KitKat wrote:

Reverend Bob wrote:

KitKat wrote:

Reverend Bob wrote:

Did someone say pain?

If you have ever broken or bruised your tail bone then that is pain.

Yes, I have, and yes, it is. But it still does not compare to the pain some women experience in childbirth. I know because I've experienced that too.

Since you have not experienced childbirth, you can't compare the two, so don't even try.

Have you ever had your arm ripped off by a thresher?

Since you have not experienced an arm ripping, you can't compare the two, so don't even try.

I'm comparing two things I HAVE experienced. You haven't had an arm ripped off in a thresher either, so why bring that up?

You have not experienced childbirth either, so how can you compare it to anything at all?

The point is there are things alot more painful than child birth.

And yes I can imagine that getting your arm ripped off is more painful and yes different people are able to take more pain than others in part because they have conditioned their minds on how to do it through meditation.

You could have said that in the first place and saved me some aggravation. ;)

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## Re: the c-section epidemic

Posted by shutup - 2007/09/27 16:17

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JB, the Peter Petrelli to Dubya's Sylar. wrote:

Have you ever gotten a papercut? Now THAT hurts. It has to be worse than childbirth.

No, I'm pretty sure it is worse than child birth.

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Wanna know what hurts worse than a papercut? Getting bite by a shark.

How about a nice papercut on the (ahem) scrotum. Oh yeah, the paper was just dipped in lemonjuice.

Sorry about the reference ladies.

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### Re: the c-section epidemic

Posted by Betz - 2007/09/27 16:55

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KitKat wrote:

You could have said that in the first place and saved me some aggravation. ;)

But he thrives on causing aggravation! :D

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### Re: the c-section epidemic

Posted by Betz - 2007/09/27 16:57

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shutup wrote:

JB, the Peter Petrelli to Dubya's Sylar. wrote:

Have you ever gotten a papercut? Now THAT hurts. It has to be worse than childbirth.

No, I'm pretty sure it is worse than child birth.

Wanna know what hurts worse than a papercut? Getting bite by a shark.

How about a nice papercut on the (ahem) scrotum. Oh yeah, the paper was just dipped in lemonjuice.

Sorry about the reference ladies.

How could it cut if it had just been dipped in lemon juice?

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### Re: the c-section epidemic

Posted by WaynesWorld - 2007/09/28 09:25

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Reverend Bob wrote:

sug3388 wrote:

Reverend Bob wrote:

Women need to get back to basics and have natural child births, no epidurals either.

>:( Are you a man? Do you wish to remain a man? I would definitely recommend making a comment like that behind a monitor ONLY.

Pain builds character...

This life is not called "the refiner's fire" for nothing. However, what kind of cold-hearted, ivory-towered schmuck would be talking to women like this?

Probably someone who needs narcotic analgesics for simple haircuts.

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## Re: the c-section epidemic

Posted by Betz - 2007/10/03 17:07

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WaynesWorld wrote:

Reverend Bob wrote:

sug3388 wrote:

Reverend Bob wrote:

Women need to get back to basics and have natural child births, no epidurals either.

>:( Are you a man? Do you wish to remain a man? I would definitely recommend making a comment like that behind a monitor ONLY.

Pain builds character...

This life is not called "the refiner's fire" for nothing. However, what kind of cold-hearted, ivory-towered schmuck would be talking to women like this?

Probably someone who needs narcotic analgesics for simple haircuts.

You're a very wise man! ;)

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## Re: the c-section epidemic

Posted by GreenJello - 2007/10/09 08:58

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Reverend Bob wrote:

The point is there are things alot more painful than child birth.

There are. I've experienced two of them.

- 1) RSD flare-up in my left arm.
- 2) Post-op from back fusion.

Childbirth and #2 were pretty close, but #1 blew everything else out of the water, and then some. I would rather birth all four of my kids, in a row, three times in one day, than to experience that pain again.

I would think that the only thing that would hurt worse than RSD would be to be burned alive, though being burned alive wouldn't last as long.

And now I'm grumpy that I missed this whole thread and could talk about watermelons and noses, too. Hrumph.

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## Re: the c-section epidemic

Posted by anonymous - 2007/10/13 20:34

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What is RSD?

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I think the stomach ulcers that I've had are the closest thing to childbirth (as far as the pain) that I've experienced. The problem is, pain is so different it can be hard to compare.

With childbirth, though, its not just pain that makes it suck. It's the constant poking and prodding by the nurses and doctors (some of the nurses have some serious fingernails too... OUCH!). Childbirth is usually a long and exhausting experience. Overall, it's just rough. But, as soon as that baby pops out, you're on cloud nine!!

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## Re: the c-section epidemic

Posted by GreenJello - 2007/10/15 10:28

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sug3388 wrote:

What is RSD?

It's a nerve disorder that is so painful that I wouldn't wish it on my worst enemy (even my ex-husband).

Here's a McGill Pain Scale to give you a rough estimation on how painful it can be:

<http://www.magma.ca/~peterz/Pictures/Pain%20Scale.gif>

The problem is, pain is so different it can be hard to compare.

That's the thing-- I don't think men can even begin to comprehend childbirth because of that very thing. there truly is no way for them to even have any way to experience anything like actual childbirth pain. It is pain only like itself.

With childbirth, though, its not just pain that makes it suck. It's the constant poking and prodding by the nurses and doctors (some of the nurses have some serious fingernails too... OUCH!). Childbirth is usually a long and exhausting experience. Overall, it's just rough. But, as soon as that baby pops out, you're on cloud nine!!

Because of my severe back problems, pregnancy and childbirth are excruciating for me. I don't even notice the poking and prodding parts during labor. I get no "breaks" inbetween contractions-- it's constant pain, one contraction building on top of another. And when labor is finished, and the baby is out, it's complete relief and total exhaustion for me.

I'm still amazed I agreed to have four children. LOL. I'll fully admit I was scared to death to get pregnant with my fourth, though.

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